



The Weaving, Spinning & Fiber Arts
 Guild of Idaho Falls
 482 Constitution Way, Suite B-11
 PO Box 1522
 Idaho Falls, Id 83403
 Newsletter Published monthly and posted at:
 www.srfiberarts.org

Rovings, Ravelings and Thrums

Sharing a Love of Fiber Art!

December 2008

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Up Coming Events & Classes-

Unless otherwise specified, events are held at The Studio, 482 Constitution Way Suite B-11, Idaho Falls, Idaho 83403

Studio Night —All members and visitors are welcome every Tuesday evening from 7pm to 9pm at the *New & larger Studio location at 482 Constitution Way B-11* same building just down the hall. Bring your wheel or a project and join for an evening of fun & Chat. Ring the bell below the front window if the front door is locked.

- **NOTE**No board meeting in December. Next Board Meeting will be Jan. 6th at 6pm. Members welcome.**
- **Studio Lunch Day** –Every 3rd Monday of the month– Monday, December 15. Guild members are going to meet at the Museum of Idaho at 10:15 am to go to the free exhibit "Olde-Fashioned Christmas and Winter Festivals." We will then go to Iggy's (at Snake River Landing) at 11:30 am for lunch. Then on to the studio for whatever you wish. Please join us for all activities or only a few. It will be lots of fun!!
- **Market Night**—Every 2nd Tuesday. Bring items to sell and your purse! If you have items to sell, a place will be designated for you. We ask a donation of 5% of sales go to the Guild.
- **Rug Hooking Gathering** -- Thursday, Dec. 18th from 6-9. Come Stay as long as you like.
- **Holiday Bazaar and Studio Open House-Tues. December 2nd from 7-9pm.** Everyone is invited to bring a friend and introduce them to the Guild. We also invite Guild members to bring something to be sold as a Guild Fund Raiser. For example, hand-made Christmas ornaments, yarn, spinning tools, food, Quilts, etc. Please price your item/items and come for a good time. Cookies and punch will be served.
- **Winter Spin-In Sat. January 24th at 11:30 pm.** At the home of Kathie Phoenix. Bring your wheel or handwork and a Pot-Luck dish and come enjoy and visit with one another.
- **Time to renew Guild membership for 2008 & 2009!** Fees are \$25 for individual and \$32.50 for family. You may pay the fee when you come to the Studio or you can mail your membership fee to the Guild address located in the top left corner of the newsletter. Please enclose your name, address, and phone & your email address. No email addresses will be used for any other purpose than to send you the newsletter.



Studio Night Hosts:

Dec. 9th: Skye
 Dec. 15: Lindy
 Dec. 23: Debra
 Dec 30: Mary Ellen
 Jan 6: Connie Rafferty



A Special Thanks to Midge Vivian for her donation of a beautiful book, "Rug Hooking For the Very First Time", by Sterling/Chapelle.

*****SALE*****RENT*****TRADE*****SALE*****RENT*****

For sale...ALL For 150.00!!

They deserve a good home. All have nice fiber.
 1 small black gray Llama gelded
 1 small brown Shetland whether. sweet animal
 1 Angora goat older with nice fiber. nice animal
 1 Beautiful tri color Navajo Ram
 Call 339-3292 or email littobit@ida.net

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Small Icelandic Sheep flock for sale. 2 ewes, one silver and one tan, and 1 ram, black.
 Will deliver. Market lambs also available, born early summer. Call Ginger, 680-4697 or e-mail gingerrichins@yahoo.com.



Memberships are Dues

\$25.00/individual or
 \$32.50/family

A Reminder! If you haven't paid your membership dues recently, chances are they're due. Memberships are due each September at the annual dinner. You may pay your dues to any

Board member or mail them to the address below:

The Weaving, Spinning & Fiber Arts
 Guild of Idaho Falls
 482 Constitution Way, Suite B-11
 PO Box 1522
 Idaho Falls, Id 83403

The Guild has a variety of tools, looms & Spinning Wheels to rent to members. It's fun to try a new wheel or a different loom. Need a drum Carder? We have two.

Also the Guild purchases many books, videos, and periodicals, including Spinn Off, Weavers, and Shuttle, Spindle and Dyepot. These reference materials and many others, are kept at the Studio and are available for all members to check out. A list of items to rent and the fees are posted on the Guild website at www.srfiberarts.org.

We Warmly Welcome New Members!

Deanna McClure
 215 Lincoln
 P O Box 145
 Firth, ID 83236
 346-6716
Mcclure2@cablone.net

If you have recently joined the Guild and don't see your name as a new member, please email me so I can send you a newsletter each month. We'll try to catch up next month if we missed you.
 "gbunny.com@hotmail.com" or "contact@srfiberarts.org"

ADVERTISE HERE

Newsletter Prices:
 2.50 business card size
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 Link on website: \$25.00/yr
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 Your Newsletter advertisement will be posted on our web-site as well.

Advertise on the Guild Website:

To add your web-site link to our favorite Links page ---\$25.00 per year.
 For those who don't have a web-site, we'll post you a Full page and a link for \$50.00 per year.
 Please send your payment to:
**The Weaving, Spinning & Fiber Arts
 Guild of Idaho Falls
 482 Constitution Way, Suite B-11
 PO Box 1522
 Idaho Falls, Id 83403**
 Contact Shelley Peterson at :
 "gbunny.com@hotmail.com" or
 Call 208.745-8952 & leave a message.

Invitation to Report

I'd like to invite one and all to add a positive experience, a fiber trip, or a wonderful experience after visiting one of the Fiber Festivals and Fairs by writing to our newsletter.

Please let us share in your experience & joy!

Send your report to Shelley at:
"gbunny.com@hotmail.com"



If you are a member of Ravelry.com, ANWG Association of Northwest Weavers' Guilds. (which you as a Guild member) has formed a group for you to participate in. There is a forum that discusses fiber, weaving, knitting etc.

The **group** name is: "Assoc. Northwest Weavers". If you have trouble logging in, contact Linda Shelhamer at "shara@bresnan.net" or Carolyn Wostenburg at "lwostenb@rtconnect.net".

Librarian's Corner by Lindy Kittle

Here is a sock pattern adapted for my Christmas stocking class from a pattern from "Mother Mackenzie," Judith Mackenzie McCuin, who lives in Montana and has been down to Idaho Falls several times some years ago to teach fiber fair classes. You can find out more about her and maybe get her sock pattern if you Google her. I think you might be able to get the actual pattern from [DJ's Fibercrafts](#) in Florence, Colorado, or maybe Pat has it. I can't find my copy right now. If anyone makes a pair of socks using this pattern, I'd appreciate it if you'd email me if you find things I need to make more clear. <jjmkittle@earthlink.net>

Figure the number of stitches by knitting a swatch of the yarn you want to use with the needles you want to use. Figure your stitches per inch, and multiply that number by the inches around your leg about an inch above the ankle. Adjust to get a number that is a multiple of four. Cast on that number of stitches and remember the number.

You knit or make ribbing on the leg of the sock however you want (on circular or double point needles.) Then knit one-fourth of the row. Slip the next _____ stitches (half the total) onto a holder or long circular needle--these are the stitches that will go across the top of the foot. (I always count at this point to make sure I have the same number on the holder as on the needles I am going to actively work for the next few minutes. This is important when you are a beginner. Some people also like to place a marker in the exact middle of the heel stitches so you can see if you goofed up somewhere along the line.) Turn. Slip one stitch and purl to the end of the row. Turn. Slip one stitch, knit one stitch. Continue slipping a stitch and knitting a stitch until you finish the row. Turn. Repeat the purl row, turn, repeat the knit row, etc., until you get a heel flap as long as the back of the heel of the person, usually from 2 1/2 to 3 1/4 inches. Measure from just above the ankle bump to the floor if you want to know exactly.

START THE HEEL: Turn, slip the first stitch, and purl one or two stitches past the middle, leaving an even number of stitches on the needle to be worked later. Purl two together, purl one, and turn. Slip the first stitch and knit until you have three more stitches on the left side than you did when you turned after purling. Knit one, slip one, pass slipped stitch over and off the needle, and knit one. Now your "outliers" should be

equal on both sides. Turn. Purl to the last stitch before the gap, purl the last stitch and the first stitch on the other side of the gap together, then purl one more. Turn. Knit to the last stitch before the gap, slip it, knit the first stitch on the other side of the gap, pass the slipped stitch over and off the needle, and knit one more stitch. After each knit row, you should have an equal number of outliers on each side. Continue purling a row and knitting a row until all the outliers have been taken into the heel. You should be looking at the knit side (outside) of your sock, and you are finished purling on this sock.

GUSSETS: Pick up and knit stitches, usually every stitch (sometimes pick up two, skip one, etc.) along the side of the heel flap until you reach the stitches on your holder. I like to pick up one stitch from the stitches on the holder and knit it together with the last stitch before the holder. This helps eliminate a hole at the join. Don't drop any stitches off your holder, though--keep the number the same. If you are using double-point needles, switch to a different needle for the stitches along the top, but if you are using a circular needle, put a marker in here. Knit the stitches across the top of the foot, then either put in a marker or switch to another double-point needle. Pick up and knit the same number of stitches that you did on the other side, catching part of the last stitch of the top together with the first stitch on the side to avoid a hole on this side. This may not make sense when you read it, but I bet it does when you do it. Place a marker or switch to a different needle. Yes, you will be using five needles at this point if you are using double point needles, but it keeps everything separate for a bit in case you get your count off--you can see where to adjust. It also helps me see where to start and stop putting in a second (or third) strand of yarn to reinforce the bottom of the sock heel. Knit across the bottom of the foot, and, keeping the stitches on the separate needles, knit to three stitches from the marker or end of row. Knit two together and knit one. Knit across the top of the foot--no decreases here (until you get to the toes). Knit one stitch, slip one stitch, pssso, then knit around to the end of the row. Knit the next row--no decreases. Continue knitting a row with decreases and then without decreases until the total number of stitches on the three needles or sections for the bottom of the foot equal the number of stitches on the one needle or section for the top of the foot. Now you can move your stitches onto three total needles (or make three sections), keeping track of the middle of the bottom of the foot, which is technically the beginning of each row, though I tend to think of the beginning of the top of the foot as the beginning of each row. Whatever. Knit a tube until you get to where you want to decrease for the toes. Decrease every other row as you did for the heel gussets, only decrease twice on each side on the decrease rows like this: knit to the last three stitches, knit

Librarian's Corner Cont. Page 3
two together, knit one, move to the next needle/section (starting the top of the foot), knit one, slip one, pss0, knit to the last three stitches on the top, knit two together, knit one, move to the next needle/section (starting the bottom of the foot), knit one, slip one, pss0, knit to the end of the row, knit a row without decreasing, then knit a decrease row, etc. until you get to a number of stitches about one-fourth of the total you started with. Some people like a bigger toe, so decrease fewer stitches, making sure you made your foot long enough for the person's foot (if it's not a Christmas stocking). You may have to redo it several times until you get the correct length. Keeping track of the rows per inch might be helpful in determining if it's long enough.

FINISHING: The best finish for a sock is the dreaded Kitchener's stitch, which is not really that hard. It is most easily done while looking at a diagram and inventing your own refrain (mine is "out-to-in, kick it off the needle, in-to-out, move to the other side, and do it again"). There are also charts and videos on the Internet, and I can help you in person if need be.

I hope this helps. I have not test-driven these instructions, so if you see something that does not make sense, let me know, and we will work it out.

Lindy Kittle
Guild Librarian
525.8954
"jimkittle@earthlink.net"

Sock Tip- Avoiding Pointy Toes:

... how to do toe decreases:
knit 4 rounds even; do decreases, knit 3 rounds even;
do decreases knit 2 rounds even; decreases 1 round even then (alternate decrease/even row...looks nice)
woolworks.org



Hartwell's Lazy PJ Ranch

Jack and Pat Day Hartwell
12739 North 55 East,
Idaho Falls, ID 83401
208.522.1337

Yes, we have a store! Call we Can be Open Anytime!

Products for all Fiber Arts

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www.srfiberarts.org
Email:contact@srfiberarts.org



Because of the cost of mailing and printing, we regret that we will no longer be mailing the newsletter. It is posted for download online each month at www.srfiberarts.org and can be emailed to you as a pdf. Email us a request for an email copy of the newsletter with your name to "gbunny.com@hotmail.com". We often broadcast changes & updates through email. Copies will also be available at the Studio. Emails are not shared. Don't miss out!

COME ENJOY THE BENEFITS OF GUILD MEMBERSHIP

Dues are \$25 for individuals and \$32.50 for families. Dues may be mailed to: The Fiber Arts Guild of Idaho Falls, 482 Constitution Way, P.O. Box 1522, Idaho Falls, ID 83403.

Please add your email address so we can send your newsletter via email. [Www.srfiberarts.org](http://www.srfiberarts.org) (emails will not be shared for any other use)

Membership Application

Name _____

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